



Gym Timetable Sept 2024 – Aug 2025

Week A

Monday	Tuesday	Wednesday	Thursday	Friday
09:00-11:10		09:00-09:50		
	09:00-13:50		09:00-12:10	
11:25-15:05		10:05-15:05		09:00-13:50
	14:05-15:05		12:25-15:05	
15:05-16:30	15:05-16:30	15:05-16:30	15:05-16:30	15:05-16:30
16:30-21:00	16:30-21:00	16:30-21:00	16:30-21:00	16:30-21:00

Week B

Monday	Tuesday	Wednesday	Thursday	Friday
		09:00-09:50		
09:00-13:50	09:00-15:05		09:00-09:50	
		10:05-15:05	10:05-11:05	09:00-12:10
14:05-15:05			11:20-15:05	12:25-15:05
15:05-16:30	15:05-16:30	15:05-16:30	15:05-16:30	15:05-16:30
16:30-21:00	16:30-21:00	16:30-21:00	16:30-21:00	16:30-21:00

Gym Open

Gym Closed

Teen Gym*

September 2024						October 2024						November 2024					
	A	B	A	B	A		A	B	A	B			A	B	A	B	
M	2	9	16	23	30	M		7	14	21	28	M		4	11	18	25
Tu	3	10	17	24		Tu	1	8	15	22	29	Tu		5	12	19	26
W	4	11	18	25		W	2	9	16	23	30	W		6	13	20	27
Th	5	12	19	26		Th	3	10	17	24	31	Th		7	14	21	28
F	6	13	20	27		F	4	11	18	25		F	1	8	15	22	29
Sa	7	14	21	28		Sa	5	12	19	26		Sa	2	9	16	23	30
Su	1	8	15	22	29	Su	6	13	20	27		Su	3	10	17	24	
December 2024						January 2025						February 2025					
	A	B	A				B	A	B	A			B	A		B	
M	2	9	16	23	30	M		6	13	20	27	M		3	10	17	24
Tu	3	10	17	24	31	Tu		7	14	21	28	Tu		4	11	18	25
W	4	11	18	25		W	1	8	15	22	29	W		5	12	19	26
Th	5	12	19	26		Th	2	9	16	23	30	Th		6	13	20	27
F	6	13	20	27		F	3	10	17	24	31	F		7	14	21	28
Sa	7	14	21	28		Sa	4	11	18	25		Sa	1	8	15	22	
Su	1	8	15	22	29	Su	5	12	19	26		Su	2	9	16	23	
March 2025						April 2025						May 2025					
	A	B	A	B	A		A			B	A		A	B	A	B	
M	3	10	17	24	31	M		7	14	21	28	M		5	12	19	26
Tu	4	11	18	25		Tu	1	8	15	22	29	Tu		6	13	20	27
W	5	12	19	26		W	2	9	16	23	30	W		7	14	21	28
Th	6	13	20	27		Th	3	10	17	24		Th	1	8	15	22	29
F	7	14	21	28		F	4	11	18	25		F	2	9	16	23	30
Sa	1	8	15	22	29	Sa	5	12	19	26		Sa	3	10	17	24	31
Su	2	9	16	23	30	Su	6	13	20	27		Su	4	11	18	25	
June 2025						July 2025						August 2025					
	A	B	A	B	A		A	B	A								
M	2	9	16	23	30	M		7	14	21	28	M		4	11	18	25
Tu	3	10	17	24		Tu	1	8	15	22	29	Tu		5	12	19	26
W	4	11	18	25		W	2	9	16	23	30	W		6	13	20	27
Th	5	12	19	26		Th	3	10	17	24	31	Th		7	14	21	28
F	6	13	20	27		F	4	11	18	25		F	1	8	15	22	29
Sa	7	14	21	28		Sa	5	12	19	26		Sa	2	9	16	23	30
Su	1	8	15	22	29	Su	6	13	20	27		Su	3	10	17	24	31

Key	Times
Term Time	See overleaf for opening hours (Week A & B) signaled above on the calendar. Weekends 9am-5pm
School Holidays	Weekdays 9am-9pm / Weekends 9am-5pm
Bank Holiday / Shorter Hours	Open 9am-1pm
Christmas	Open 9am-5pm
Closed	

We are a dual use site, the gym is open as per the timetable overleaf during term time, the Week A & B schedule can be viewed above.

*Teen Gym available from Yr10 (£3 PAYG or purchase a block of 10 sessions for £24), please visit the website to view additional access times for Teen Gym.

Please refer to our website for the most up to date timetable. Version created 30/09/2024